



MOUNTAIN MESSENGER

Direct Mailed Free Every Month to Homes in Avon, Phillips, Rangeley, Oquossoc, Eustis, the Plantations of Dallas and Sandy River

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High Peaks Alliance celebrates dedication of Kinney Family Forest



Tim Kinney



Stephen "Steve" Kinney

FARMINGTON - High Peaks Alliance welcomed more than 60 supporters, community members, sponsors, and friends to the Kinney Family Forest on Saturday for a dedication ceremony celebrating the protection and future of this special woodland.

Under beautiful weather, attendees gathered to recognize the vision and generosity of Stephen "Steve" Kinney and the Kinney family. Four generations of the family were present for the occasion, underscoring the deep personal and community connection to the forest and its future.

The program included welcoming remarks from Amanda Lalib-

erte and comments from Brent West, Stephen Kinney, Tim Kinney, and Doug Dunlap. Speakers reflected on the collaboration, stewardship, and shared commitment that made the conservation of the Kinney Family Forest possible.

Following the formal dedication and group photo at the property kiosk, guests took part in guided walking tours of the forest and its recent improvements.

"Saturday's gathering was a wonderful celebration of the Kinney family's legacy and of what conservation can accomplish when a community comes together," said Amanda Laliberte of



Submitted photos

Four generations of the Kinney family at the dedication.

the High Peaks Alliance. "We are grateful to Steve Kinney, the entire Kinney family, our supporters, sponsors, and all who joined us to mark this important day."

The Kinney Family Forest will remain a place for people to enjoy the outdoors, learn about local ecology, and connect with the land for generations to come. High Peaks Al-

liance invites the public to explore the forest and stay tuned for upcoming educational programs, including a Tree ID Walk and Bird Ecology Walk.

For more informa-

tion about the Kinney Family Forest and upcoming events, visit High Peaks Alliance's website or follow the organization on social media.



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MAINE CALENDAR OF EVENTS

OCTOBER

Oct 4 - Friends of the New Gloucester Public Library annual Fall Book and Bake Sale, 12:00 – 3:00 p.m., New Gloucester Public Library, 379 Intervale Road, New Gloucester.

Oct 14 - Shiloh Pond Community Forest (Kingfield), 10 a.m., 200 acres owned by the Town of Kingfield and stewarded by High Peaks Alliance, featuring two ponds, wetlands, a small waterfall, and a scenic forest trail, registration is free but required, as space is limited, <https://secure.qgiv.com/for/highpeaksalliance/event/woodswalks/>.

Oct 16 - Artist Reception celebrating the works of Carol Sullivan (“Exploring Silk”), 5:30 – 7 p.m., 2493 Main St., Rangeley, come on out to meet the artist, enjoy complimentary refreshments and a beer/wine cash bar.

MONTHLY MEETINGS

LOCKE MILLS: Greenwood Farmer’s Market every other Friday during the winter, starting on October 3rd, 270 Main St., Rt. 26, Locke Mills, next door to the Greenwood Post Office, FMI Brian and Suzanne Dunham 207-665-2967.

BETHEL: Storytime at Bethel Library, every Wednesday at 10 a.m., 6 Broad Street, Bethel, FMI

(207) 824-2520.
SOUTH PARIS: South Paris Farmers’ Market, Thursdays 2-6 p.m., 9 Market Square in the parking lot right next door to Oxford Hills Mercantile/Ollie & David’s.

OQUOSSOC: Rangeley Region Skeet and Trap Association (RRS&TA) announces its 2025 shooting schedule, welcoming members and visitors to experience clay shooting sports, Wednesday: Trap and Skeet starting at 4:00 p.m., Thursday: Sporting Clays and Skeet starting at 4:00 p.m., Saturday: Five Stand and Skeet starting at 10:00 a.m., Sunday: Trap and Skeet starting at 1:00 p.m.

GILEAD: Gilead Historical Society open every Saturday 12 – 3 p.m., 14 Depot St., Gilead, FMI call (207) 836-2987.

RUMFORD: Celebrate Recovery meetings, every Thursday and Sunday at 6:30 p.m., Larry Labonte Recovery Center, 412 Waldo St., Rumford, free, FMI contact Justin Teixeira at 207-393-7205 or Erika Teixeira at 207-418-7777.

BETHEL: Every Wednesday, Story time at the Bethel Library, 5 Broad Street, Bethel, 10 – 11 a.m.

FARMINGTON: Nami Farmington Family Support Group, for family and friends

of people living with a mental illness, 3rd Monday of each month, 6:30-8 p.m., Maine Health Franklin Hospital, 111 Franklin Health Commons, Farmington, Contact Louise (207) 592-9933 or Kathy (207) 318-1075

FARMINGTON: Farmington Chess Club meets every Tuesday from 6-8 pm at the Parks and Rec Center, 127 Middle St., Farmington. All skill levels are welcome.
FARMINGTON: St. Joseph Nutrition Center, corner of Quebec and Middle Street (across from St. Joseph Church) A “Blessing Box” in front of the building. More information or to help out: (207) 778-2778.

JAY: St. Rose of Lima Food Assistance, 1 Church Street (Parish Hall) A “Blessing Box” faces the street in front of the building. More information or to help out: (207) 897-2173.

JAY: St. Rose of Lima Community Meals, 1 Church Street (Parish Hall), Community meals offered on the first and third Saturdays of the month from 4:30 p.m. to 6 p.m. For more information or to help: (207) 897-2173.

MADISON: Music Jams - Open Mic. 1st and 3rd Sunday of each month, 1-4 p.m. Masonic Hall, Madison.

RANGELEY: The Lakeside Contemporary Art

Gallery’s spring/summer show, paintings by Ashton F. LeCraw, will run from May 29 - July 6th. All is welcome & artwork is available for purchase. LCAG is located at 2493 Maine Street, Rangeley & open Tues - Sat. 10 a.m. - 2 p.m. & during theatre showing. <https://rangeleyarts.org/event/lcag-artist-reception-ashton-lecraw/> or call 207-864-5000.

FARMINGTON: Farmington Grange has WWW, Wednesday Welcome and Warm Up, First and third Wednesdays, November thru April. Everyone is welcome, 10-2, coffee sweets, light lunch, social time, projects, games and puzzles. Grange Hall is located at 124 Bridge Street, West Farmington. For more information call Bonnie Clark 207-778-1416

FARMINGTON: Nine-ish- NA Meetings (In Person), 9:15-10:30 a.m., Franklin Memorial Hospital, 111 Franklin Health Commons, Farmington.

Food Addicts Meetings
FREE - Food addicts in recovery meetings: Tues Zoom and phone, Thurs phone and Sun in person. foodaddicts.org FMI call 441-8002 or 623-1924.

CANCELLATIONS None listed.
POSTPONEMENTS

MAINE CALENDAR PAGE

If you are hosting a free community event and would like it added to our calendar, please email your details to: advertising@turnerpublishing.net and include: Date of event; name of event; time of event; venue location; town; contact phone number. Late submissions may not be published. Emailed events are processed faster. Our Maine Events calendar page is FREE for free community events. Church, library and school event news is free on this page. If you are a business and/or charging admission/fee, there is a charge for a display ad on these pages. Email: advertising@turnerpublishing.net. Call 207-225-2076 for prepayment options. Events for the Maine Events Calendar should be received two weeks before the event in order to be considered for publication. Please refer to our deadline chart at this link for specific publication deadlines: www.turnerpublishing.net/pdf/Deadlines.pdf

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None listed.

Events for the Maine News Calendar should be received two weeks before the event in order to be considered for publication. Please refer to our deadline chart at this link for specific publication deadlines: <https://www.turnerpublishing.net/pdf/Deadlines.pdf>. Email your event information to articles@turnerpublishing.net and include: Date of event; name of event; time of event; venue location; town; contact phone number. Late submissions may not be published. Emailed events are processed faster.

FITNESS CLASS SCHEDULE

monday	tuesday	wednesday	thursday	friday	saturday
	8-9AM Total Body Strength w/ Brit	8-9AM Essentrics w/Kristi	8-9AM Total Body Strength w/ Brit	8-9AM Total Body Strength w/ Brit	
9-10AM Super Circuit w/ Hawk	9-10AM ALL LEVELS SPIN w/ Cyn	9-10AM Super Circuit w/ Hawk	10-11AM Gentle Flow Yoga w/ Holly	9-10AM Super Circuit w/ Hawk	9-10:15AM All Levels Yoga w/ Kristina
10:15-10:45AM Functional Fitness w/ Hannah	10:15-11AM Chair Yoga w/ Hannah	10:15-10:45AM Functional Fitness w/ Hannah		10AM-11AM Gentle Yoga w/ Kyle	
11AM-12PM Water Aerobics w/ Diane	4-5PM Karate (Kids) w/ Dan	11AM-12PM Gentle Yoga w/ Kyle	5-6PM Karate (Kids) w/ Dan	11AM-12PM Water Aerobics w/ Diane	
11AM-12PM Gentle Yoga w/ Kyle	5-6PM Power Yoga w/ Hannah	3-6:30PM Jiu Jitsu w/ Shawn	6-7PM Karate (Teen/Adult) w/ Dan		10AM-11AM Gentle Yoga w/ Kyle



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MASSAGE THERAPY
PHYSICAL THERAPY
RESPITE CARE
SWIM LESSONS



@rangeleyhealthandwellness

RHW is a nonprofit community organization dedicated to promoting health, wellness, and quality of life in the Rangeley Lakes Region.

Through fitness programs, physical therapy, youth and senior activities, community partnerships, and educational initiatives, RHW serves residents and visitors of all ages. As a nonprofit, Rangeley Health & Wellness relies on grants, fundraising events, and charitable contributions to make wellness programs accessible to the entire community.



MAINE OUTDOORS

V. Paul Reynolds

"MR. TROUT" PASSES ON

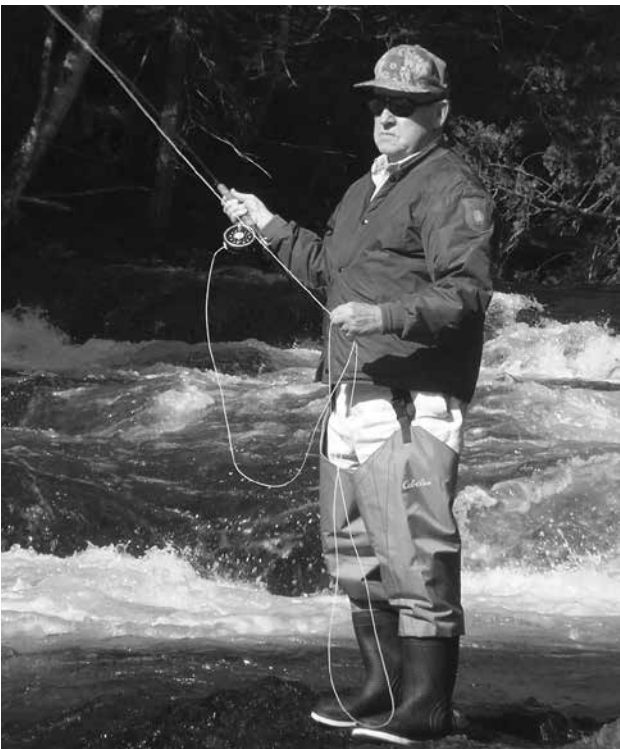
Maine fishing writer Robert “Bob” Leeman, alias “Mr. Trout,” passed away August 5th at a Bangor el-der care facility. Bob was 96.

Leeman wrote a fishing column for the Northwoods Sporting Journal for almost two decades. His debut as an outdoor writer was a half century ago, he recalls, when he started writing an outdoor column called Wildlife Corner for a Bangor paper. He thinks that it was the Penobscot Observer.

Over the years, Bob and I cultivated a friendship. We were just acquaintances before he, a widower, married my son’s mother-in-law. Bob and I fished together, shared family times together, and hosted a weekly Sunday night radio program called Maine Outdoors together. I also helped him produce his three wonderful fishing books, “Trolling Flies for Trout & Salmon,” “The Salesman Angler,” and “Fishing Brooks and Streams.”

Bob lived to fish his favorite trout streams from his old Radisson canoe with his buddy Bob Cusk. He also loved Grand Lake Stream in Princeton and spent many hours there, either on the stream or telling fish stories at the Pine Tree Store’s Liar’s Bench.

When he was not on the water, there is nothing, I mean nothing that Bob would rather have done than talk about fishing. He placed great value on the fishing heritage and promoted it by teaching fly tying at church, helping both friends and strangers find the right fly-fishing gear, and organizing an annual group pilgrimage to his cherished Grand Lake Stream. We dubbed the group the Woolly Bugger Gang, and



Leeman knew the salmon pools on Grand Lake Stream like the back of his hand. He almost always fished a streamer fly called the Barne’s Special.

it stuck.

Amazingly, right up until his passing, Bob always walked with a bounce in his shoes. I asked him about that once, and he credited himself with being light on his feet to tap dancing lessons he took as a kid.

If you met Bob for the first time, he would smile, shake your hand, and invariably say, “Hello, Lee-man’s the name, fishin’s my game.” And he was not kidding. Fishing was his life. Chasing trout was his thing. As a

young traveling seed salesman, his spare time away from home on the road was spent — not in bars — but on trout streams from Calais to Fort Kent.

He was a consummate fly tier. He had almost as many fly rods and reels as he did new shirts. Bob had a shirt fetish. When Bob was not looking, his ex-wife Alice would hand me down some of his sur-plus L.L. Bean shirts, which I often wore and flaunted around him intentionally. He never even noticed.

As an editor for dozens of outdoor writers for the Northwoods Sporting Journal, I have learned one thing: we all run out of steam, some before others. Bob held on longer than others, but he knew when to quit. I tried to talk him out of quitting his monthly column.

“Nope,” he said, not looking conflicted at all. “It’s time to call it a day.”

Now that Bob has passed, I feel sure that he will bump into another Maine outdoor legend, our mutual friend Wiggie Robinson, for whom the Legendary Maine Guide Award is named. Bob was a Maine fishing guide, too, and, like Robinson, he was known in outdoor circles and earned the right to “paddle the Silver Canoe.”

Tight lines, Mr. Leeman.

The author is editor of the “Northwoods Sporting Journal.” He is also a Maine guide and host of a weekly radio program — “Maine Outdoors” — heard Sundays at 7 p.m. on “The Voice of Maine News – Talk Network.” He has authored three books; online purchase information is available at www.maineoutdoorpublications.com.

Echoes of the Past: A Look Back at Haying on Route 41

As late summer rolls into Chesterville, the golden, rolling Fields remind us of our town’s deep agricultural roots. For generations, farming has been the true heartbeat of our community, shaping both the local landscape and the families who define us today.

Long before modern tractors with enclosed cabs and GPS took over the fields, harvesting hay was a massive Community effort. It was a seasonal race against the weather that relied heavily on teamwork, grit and family determination.

A beautiful window into this hard-working past is captured in a vintage photograph be-

longing to the Chesterville Heritage Society. The image shows Eleanor (Cohon) Nichols and her husband, Joe Nichols, hard at work hanging along Route 41. Instead of mechanical balers, they are pictured using good old-fashioned pitch forks to stack and transport an immense mound of loose hay onto an early motorized farm truck, heading back to the farm’s timber- frame barn.

This specific location on Route 41 remains a recognizable and cherished part of our local landscape today, serving as the current home and property of Mike and Suzanne

Mosher. While the machinery and faces have changed over the decades, the beautiful property stands as a lasting testament to Chesterville’s deep-rooted farming heritage.

The Chesterville Heritage Society is actively gathering stories, tools, and photographs from our town’s early days to ensure this vital history is never forgotten. You can learn more about our town’s past, view our historical collections, or share your own family photos. Please reach out to the Society or join us at our next meeting.

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How Scammers are Exploiting Product Recalls

As food and product recalls continue to make headlines, criminals are following suit. They send texts, emails, or other messages claiming that a product you purchased has been recalled and that you’re entitled to a refund or free replacement. The message may look legitimate, appearing to come from a retailer or manufacturer you trust. It urges you to act quickly and click a link to claim a refund or verify your account. But in reality, the link

takes you to a fake website designed to steal your login credentials and personal or financial information.

If you receive a message like this, don’t click. Instead, go directly to the company’s official website or app to verify the recall and check your account. You can also confirm recalls through the Food and Drug Administration and U.S. Consumer Product Safety Commission, which maintain lists of recalled products at fda.gov/safety/recalls and cpsc.gov/recalls.

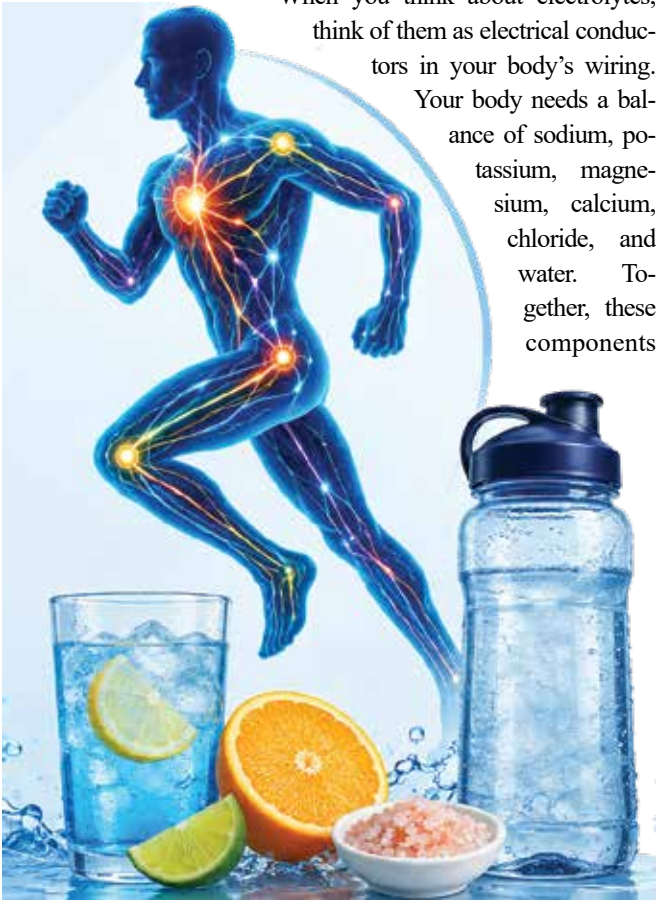
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Jodi Cornelio
Live Long, Live Well
Jodi R. Cornelio, AS, BA, MBA
Nutritionist, Personal Trainer and
Motivational Speaker
jcornelio@turnerpublishing.net

Best electrolyte drinks



When you think about electrolytes, think of them as electrical conductors in your body's wiring. Your body needs a balance of sodium, potassium, magnesium, calcium, chloride, and water. Together, these components

need extra hydration support. If you feel weak, tired or headache-prone for no clear medical reason, dehydration could be a factor. Lifestyle and diet play a major role in hydration. So, what comes next? Find the right electrolyte supplement. There are so many options, and the ingredients can be confusing. The marketing can be overwhelming, too, with every product claiming to be the best. What should you believe? I did my best to research the options based on what I know, and yes, I consulted AI, too, for whatever that is worth. Here is what I came up with as my top electrolyte balance rescuers.

When I feel severely dehydrated, I reach for pickle juice or Pedialyte.

Pickle juice can stop cramping quickly. Studies suggest this may not be because of the electrolytes alone; instead, the vinegar may trigger a reflex in the back of the throat that signals the brain to shut down muscle spasms, making it an almost instant response to muscle cramps and charley horses. Pickle juice is loaded with sodium, so it can help replace salt loss if you are a heavy sweater. It has no sugar, may support gut and digestive health, and the acetic acid in vinegar may help stabilize blood sugar. However, pickle juice is best used as an emergency remedy, not as an everyday habit, because it is high in sodium and too low in potassium and magnesium. Over time, that imbalance can have the opposite effect on hydration. Pedialyte is similar in purpose, with the exception of vinegar, and is best used for emergency situations or illness. It is also high in sodium and low in sugar. I like it because it is often given to children, and products intended for children tend to be held to a higher safety standard.

My criteria for the following selections were simple. First, I looked for the most natural options. I tried to avoid sugar and heavy carbohydrate loads, so I looked for sugar-free products. I also wanted a balanced electrolyte profile, ease of use and safety for daily nutritional supplementation. Ideally, I looked for mineral ratios of 250–500 mg sodium, 100–300 mg potassium, and 20–60 mg calcium, with magnesium and chloride included.

My number one choice is Native Hydrate.

That said, I have not tried it yet, but I am willing to give it a shot because it sounds almost too good to be true. What separates Native Hy-

drate from the rest is that it not only includes core electrolytes, but also all nine essential amino acids and 2,000 mg of recovery-boosting BCAAs—the nutrients muscles need to repair, rebuild, and stay strong. Vegetarians, take notice: this may be a good option if you think you may be lacking protein sources in your daily meal plan. It can be taken every day if desired.

My second choice is Live It Up.

Live It Up has the electrolyte balance I was looking for, along with vitamin C, and it is made with coconut water. All of that makes it a solid choice for basic hydration.

Liquid I.V.

Liquid I.V. is no longer my strongest choice, even though I have a cupboard full of it. After comparing it with the others, my main concern is its sugar content, along with its lack of BCAAs. I also found Primal Hydration, which appears to include the needed electrolytes plus extra vitamins and amino acids.

Nuun was also popular, but it contains sugar and has a lower balance of the electrolyte ratios I was looking for.

Below is a chart of some of the popular hydration products I looked at to help you make a better choice based on what your body needs.

- At a Glance Comparison of hydration Products
- Hydration product Sugar Content Primary Benefit Additional benefits
- Live it Up Vital
- Minerals 0g Sugar (Stevia) Daily Wellness Coconut water base + Vitamin C
- Native Hydrate 0g Sugar (Stevia) Muscle & Recovery & hydration 9 Essential Amino Acids + BCAAs
- Primal Hydration 0g Sugar (Stevia) Daily Hydration Added B-Vitamins for energy
- Liquid I.V. ~11g Sugar Rapid Rehydration High-speed water absorption
- Pedialyte Low Sugar / Medical Illness Recovery High zinc and balanced binders
- Gatorade High Sugar (Standard) Sports Performance Cheap, quick athletic fuel

Live Long, Live Well

Evergreen Golf Club Tip of the Week

I have spoken about this subject many times in the past, but it bears repeating. It's about "tension in the swing". One of the greatest descriptions I have heard was from the great Sam Snead. He once described his swing as being "oily". It's easy to know what he is talking about when you just think about that. Smooth, silky and oily. Also, it's important to be sure that your grip is kind of loose and sloppy, the difference is staggering. So, the next time you are practicing or playing, think oily, you will get it sooner than you think.

George Buck,
Evergreen Golf Club

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Decent people and a dropped raisin

I realize there is a smattering of decent people quietly roaming the backroads of our planet. However, it seems like a growing challenge to stumble upon a true specimen..

Pause your reading now and imagine me standing at kitchen counter last night slicing some edibles, when a small bit of something falls to the floor just in front of me. I initially glance straight down to where it must have landed. Nothing in sight. Oh, it must have hit the front of my foot and bounced forward under the dishwasher. I go to my knees and look, but do not spot the speck of future, mice fodder.

I am pressed to continue my search seeing nothing to my left or right. So, I look behind me over the rest of the kitchen, staring at clean, gray ceramic tiles. No little fleck of increasingly irritating edible in sight. It may be on that mysterious journey to China where all dropped (and never found) objects of any kind end their joyous travels. I recall as a youngster, if I had lost something my mother would say, “It’s probably in China by now. Pray to Saint Anthony to find it.” [Anthony is the Roman Catholic Patron Saint of lost things.] If you are always misplacing or losing things like me, you begin calling him just Tony.

Now, let the reader stop and recall all the tiny items that have you have dropped and mysteriously disappeared from your clumsy life. Maybe they all be in the Far East. You might now

imagine why so many of the things (other than electronics) that we buy, Made in China, fall apart. All our dropped delights are gathered by low-paid workers and thrown into a vat then processed into whatever the end product is supposed to simulate.

I started looking over the entire kitchen. While on the hunt I made a good guess it was a raisin that wandered off. I was preparing a Waldorf Salad with apples, celery, and raisins. “Hey, I think, raisins are the same color as the chairs around the table.” Facing desperation now I go to the far-distant stretches of our kitchen. On my knees, hiding next to the fourth chair leg I have inspected, sits the unwittingly camouflaged, dried grape. I know beyond any doubt, this raisin has been purposely designed somewhere by some deranged, obsessive/compulsive imp to irritate me.

The chopped apples still resting on the countertop have not yet turned brown, though this adventure has taken all of five minutes. There is still a chance I may be able to eat this dish. However, I am presented with another dilemma. Do I return the item to the salad bowl, having now cheated the Chinese workers out of a tiny portion of collected droppings that magically skulk their way to Hong Kong from the kitchen floors around the world?

Well, what have “dropped delights” and Chinese workers got to do with an honest search for decent people? I do not know. It is too philosophically difficult for me to even ponder. I would advise you to just keep looking for that missing raisin - or paper clip - or button - or chocolate chip - or earring, -or aspirin.... or...whatever.

If you have similar thoughts as mine noted in the first two sentences in this chronicle of mental digressions, here is a final thought. This quote was on my daily tear-off calendar this morning: “The world is full of decent people. If you can’t find one, be one.”



If you have a favorite recipe you would like to share with our readers we would love to publish it for you. Please email recipe to: articles@turnerpublishing.net

This Italian comfort food hits the spot

“Comfort food” is an umbrella term that refers to a wide array of dishes. For fans of Italian food, there may be no dish that fits the comfort food mold better than lasagna. Lasagna can be made with a wide array of ingredients, and each iteration of it qualifies as comfort food. That’s certainly the case with this recipe for “Lasagna With Zucchini and Meat Sauce” from Lines+Angles.

Lasagna With Zucchini and Meat Sauce

Makes 9 Servings

- 2 large zucchini, rinsed and trimmed
- Salt
- 12 dried lasagna noodles
- 1 pound ground beef
- 1½ teaspoons ground black pepper
- 1 small green bell pepper, rinsed, trimmed and diced
- 1 onion, peeled and diced
- 8 ounces tomato paste
- 15 ounces canned tomato sauce
- 3½ tablespoons red wine
- 2 tablespoons chopped fresh basil
- 1 tablespoon chopped fresh oregano
- 1 egg, beaten
- 2 cups low-fat ricotta cheese
- 2 tablespoons chopped fresh parsley
- 2 cups shredded mozzarella cheese
- 2 cups grated Parmesan cheese



1. Preheat oven to 325 F. Coat a deep 9 x 13-inch baking pan with nonstick cooking spray.
2. Slice zucchini lengthwise into very thin slices. Sprinkle slices lightly with salt; set aside to drain in a colander.
3. Bring a large pot of salted water to a boil over high heat. Add the noodles and cook until al dente, 8 to 12 minutes. Drain, immerse in cold water to cool and drain again. Lay the noodles in a single layer on a baking sheet and cover with plastic wrap.
4. Meanwhile, in a large skillet, set over medium-high heat, cook and stir the ground beef and black pepper for 5 minutes. Drain excess grease from pan. Add in green pepper and onion; cook and stir until beef is no longer pink. Stir in tomato paste, tomato sauce, wine, basil, and oregano. If sauce is too thick, add a small amount of warm water. Bring to a boil; reduce heat and simmer sauce for about 20 minutes, stirring frequently.
5. Meanwhile, stir egg, ricotta, and parsley together in a bowl and mix well.
6. To assemble lasagna, spread 1/3 of the meat sauce into the bottom of prepared pan. Then layer 1/3 of the cooked lasagna noodles, 1/3 of the zucchini slices, 1/2 of the ricotta mixture, 1/3 of the mozzarella cheese. Repeat the layers ending with a layer of zucchini followed by a layer of noodles. Spread Parmesan cheese evenly over the top; cover with foil.
7. Bake for 45 minutes. Remove foil; increase oven temperature to 350 F, and bake an additional 15 minutes. Let stand for 5 or 10 minutes before serving.

Tip: This may be assembled a day ahead. Refrigerate until ready to bake.

Metro



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“I just signed up with Maine Community Solar after leaving a message with them yesterday. My call was courteous, professional and the agent was personable. (I had left messages with a couple of other companies and they still haven’t gotten back to me). The sign up process was simple and took about 5 minutes. It will take a few months before the process is complete, but another vendor had given me a date sometime in the next calendar year. I am happy to be doing this and dealing with a Maine company.”

*Bob Barton
Westbrook*

Call our office in Portland at 207-888-3670 or visit www.mainecommunitysolar.org for assistance.



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ALANON MEETINGS

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GENERAC

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