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ShineOnCass Foundation 2026 scholarship recipients

BELGRADE - The ShineOnCass Foundation recently presented two academic scholarships totaling \$5,000 to local seniors who make service and kindness part of their everyday life.

The 11th Annual ShineOnCass Memorial Scholarship in memory of Cassidy Jean Charette was presented to Emma McDowell of Belgrade. McDowell will receive a \$4,000 scholarship to High Point University, where she is majoring in Biology. The Memorial Scholarship, started by Charette's Messlaonskee Class of 2016, is open to only Messalaonskee High School students. Funding is dispersed annually after recipients demonstrate completion of 20 hours of service work each year.

The second annual ShineOnCass Community Scholarship, created to recognize service-focused seniors living in Winslow, Waterville, Lawrence, or Messalonskee school districts, was awarded this year to Messalonskee High School senior Elliotte Podey, of China. Podey receives a \$1,000 scholarship to the University of Michigan, where she is pursuing a career in nursing.

Both scholarships were created in honor and memory of Cassidy Charette, a longtime volunteer in the central Maine community and former Messalonskee student, who died in a hay-



Emma McDowell



Eliotte Poday

ride accident in 2014. The ShineOnCass Foundation awards over \$10,000 in local scholarships every

year supporting higher education, aspiring young violinists, youth soccer, children attending sum-

mer farm camps, and other awards recognizing youth service and kindness.

To learn more about scholarship opportunities offered by the ShineOnCass Foundation, visit shineoncass.org.

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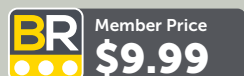
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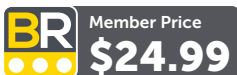
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Submit this form with your Funniest Thing Kids Say conversation and we will publish in an upcoming issue.

Name: _____
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Funny Things Kids Say
Turner Publishing, Inc.

P.O. Box 214, Turner, Maine 04282
Or email: FunnyThingsKidsSay@turnerpublishing.net

While preparing breakfast for my two grandchildren, my 9-year-old granddaughter Arabella and I were having some girl talk. We mentioned how us girls have to stick together.
My 5-year-old grandson Odin piped in, “Oh, you’re not a girl Nani?”

Puzzled, I said, “You didn’t know I’m a girl?” His rational explanation was, “Well, you had your hair cut really short, so I wasn’t sure.”
He had always known me to have medium length hair.
It was around Halloween time when our little Susan as

learning her ABC’s. She very confidently told us, A is for Apple; B is for Boy, C is for Cat....then hesitation. She faltered... D is for....? D is for....? Then she jumped up and excitedly announced: D is for Dhost!!
- Ann of Farmington

Bailey Library murals unveiling

WINTHROP – The Bailey Public Library will host an unveiling for two new large-scale murals on Monday, August 17, at 5:30 p.m. at the library, 39 Bowdoin Street, Winthrop.

The event is free and open to the public. Attendees will have an opportunity to view the murals for the first time and hear about the historical themes and community traditions that inspired the artwork.

The murals were created by Maine artists Chris Cart and Jen Greta Cart, who have completed numerous public art commissions throughout the state. Chris Cart is a Signature Member of the National Watercolor Society, has illustrated more than 30 books, and has exhibited widely in Maine and beyond. Jen Greta Cart has collaborated on several major public mural projects, including the large-scale “Many Stitches

Hold Up the Sky” mural in Brunswick.

The mural on the adult side of the library presents a visual history of Winthrop, incorporating scenes and symbols from the town’s past. The artwork includes references to the area’s Abenaki history, early settlement and industry, apple orchards and agriculture. It also includes references to Maine authors with connections to central Maine and the library.



Chris Cart

Submitted photo

The children’s mural draws on Winthrop’s literary and cultural traditions. The work incorporates apple orchards, the historic railroad trestle, storybook characters inspired by the library’s an-

nual holiday parade, local authors, music, and other symbols associated with the community and the library.

The murals will serve as permanent additions to the library and as visual repre-

sentations of aspects of Winthrop’s history, literature, and traditions.

For more information contact the Bailey Library at 207-377-8673 or visit www.baileylibrary.org.

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MAINE CALENDAR

2026

MONTHLY MEETINGS

WINTHROP: Winthrop Food Pantry, Thursday pick-up 1:00 p.m.-2:30 p.m. and 2nd & 4th Thursdays 5 p.m.-6:30 p.m., 10 Cross Rd., Winthrop, FMI call Sherie Knowlan, Director (207)377-3332 or winthropfoodpantry.org. Curb-side pick-up of shelf-stable food.

WINTHROP: Winthrop Hot Meal Kitchen, Monday - Thursday hot meal pickup 11:00 a.m., St. Francis Xavier Church, 20 Lake St., Winthrop, Contact: Steve Dodge (207)620-0488. Meal delivery to Winthrop & Wayne residents. Cooks, helpers, donations, or Hannaford Gift Cards are appreciated.

WAYNE: 30 Mile River Snowmobile Club meetings are on the first Monday of the month, meet at the Ladd Center in Wayne at 6:00 p.m., RSVP on Facebook page each month so we can have a count for pizza, salad and dessert at each meeting, sharing the cost of the pizza.

WAYNE: Tot Time at the Ladd Center is a relaxed, informal playgroup every Monday morning from 9:00 to 10:00 a.m., parents must stay with their children, and everyone is welcome, FMI call Ladd Center Director, Adam Brooks 685-4616.

AUBURN: Weekly Chess Club, every Wednesday, 4-6 p.m., Auburn Public Library, all levels and ages welcome; FMI call Joe Kaper 207-274-8463.

LOCKE MILLS: Greenwood Farmer's Market every other Friday during the winter, starting on October 3rd, 270 Main St., Rt. 26, Locke Mills, next door to the Greenwood Post Office, FMI Brian and Suzanne Dunham 207-665-2967.

BETHEL: Storytime at Bethel Library, every Wednesday at 10 a.m., 6 Broad Street, Bethel, FMI (207) 824-2520.

OQUOSSOC: Rangeley Region Skeet and Trap Association (RRS&TA) announces its 2025 shoot-

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ing schedule, welcoming members and visitors to experience clay shooting sports, Wednesday: Trap and Skeet starting at 4:00 p.m., Thursday: Sporting Clays and Skeet starting at 4:00 p.m., Saturday: Five Stand and Skeet starting at 10:00 a.m., Sunday: Trap and Skeet starting at 1:00 p.m.

WAYNE: Cary Library Book Sale, 9:30 a.m. - 12:30 p.m., 3rd Saturday every month, Williams House, 14 Old Winthrop Road, Wayne, FMI call 685-3612 or visit our website <https://www.cary-memorial.lib.me.us>.

BRIDGTON: Chair Yoga Mondays and Fridays 10 -11 a.m., taught by Susan Kane, this class is open to all cancer patients and can easily be modified to anyone's ability level, you do not need to register in advance, Bridgton Community Center, 15 Depot Street, Bridgton.

PORTER: Sacopec Valley Cancer Support Group for Men and Women, fourth Friday of each month from 1:30-3:00 p.m., Riverside United Methodist Church, 5 Porter Street, Porter, FMI please call Marianne Wyer at: (207) 749-0392.

LIVERMORE FALLS: Craft Circle, 5:30 p.m., Treat Memorial Library, 56 Main St., Livermore Falls, bring your own project or learn along with us, this is a craft group for all ages, FMI call (207) 897-3631.

AUGUSTA: AL-ANON meeting, Sunday evenings, 5 p.m., Unitarian Universalist Church, 69 Winthrop Street, Augusta, both in person and on Zoom (for Zoom info please refer to maineafg.org)

LEWISTON: Renewal Addiction Ministry. Applying biblical truth to the root of addiction. Every Friday 630pm. 89 Birch Street

Lewiston @The Root Cellar. Alex Theriault 207-274-1570

LEWISTON: Maker Mondays at Lewiston Public Library, March 2, 16, April 6 and May 18, Couture Room, Lewiston Public Library, 200 Lisbon St., Lewiston, ages 18 and up, beginners welcome, FMI contact 207-513-3134 or lplcirc@lewistonmaine.gov.

LEWISTON: Renewal Addiction Ministry, every Friday 6:30 p.m., Calvary Chapel Lewiston, 777 Main Street, FMI Alex Theriault 207-274-1570.

LEWISTON: Sadie's Fiber Arts Club, every 1st and 3rd Wednesday of the month, 3:30 p.m., Lewiston Public Library's Children's Department, 200 Lisbon Street at the corner of Pine Street, Lewiston, FMI at 513-3133 or LPLKids@lewistonmaine.gov.

LIVERMORE FALLS: Story Time, Wednesdays at 10:30 a.m., Treat Memorial Library, 56 Main St., Livermore Falls, favorite picture books, sing-a-longs, and other activities, any questions or for more information, please call the library at 897-3631.

MONMOUTH: Friends of Cumston Public Library book sale, 9 a.m.-1 p.m. third Saturday of the month, lower level, Cumston Hall, 796 Main St., Friends of Cumston Library on Facebook.

MECHANIC FALLS: Mechanic Falls Church of the Nazarene. Sundays: Fellowship 11:30, Morning Worship 12:00 p.m. Wednesdays: Bible Study 6:00 p.m., Prayer Meeting 7:00 p.m.

FAIRFIELD: Victor Grange monthly meeting, second Monday of the month, 5:30 potluck, 6 p.m. meeting, all welcome.

WINTHROP: Winthrop Maine Historical Society, first Thursday of month, 6-8 p.m., Winthrop History and Heritage Center, 107 Main St., 207-395-5199, winthrop-mainehistorical@gmail.com.

BRIDGTON: 1-4 Sunday, Community Ping Pong Program, \$1 to participate, open to all Town Hall, 26 North High St.

BRIDGTON: Al-Anon, 4-5p.m. Thursday, Lakes Region Recovery Center, 2 Elm Street, Bridgton, 207-803-8707.

BRIDGTON: Narcotics Anonymous, 7-8 p.m. Friday, Lakes Region Recovery Center, 2 Elm Street, Bridgton, 207-803-8707.

BRIDGTON: Women For Sobriety, 11a.m.-12 p.m. Thursday, Lakes Region Recovery Center, 2 Elm Street, Bridgton, 207-803-8707.

NORWAY: Oxford Hills Honeybee Club, 1 p.m., second Saturday of the month, First Universalist Church, 479 Main St., all welcome, cpeaston@megalink.net.

FARMINGTON: St. Joseph Nutrition Center, corner of Quebec and Middle Street (across from St. Joseph Church) A "Blessing Box" in front of the building. More information or to help out: (207) 778-2778.

JAY: St. Rose of Lima Food Assistance, 1 Church Street (Parish Hall) A "Blessing Box" faces the street in front of the building. More information or to help out: (207) 897-2173.

JAY: St. Rose of Lima Community Meals, 1 Church Street (Parish Hall), Community meals offered on the first and third Saturdays of the month from 4:30 p.m. to 6 p.m. For more information or to help: (207) 897-2173.

MADISON: Music Jams - Open Mic. 1st and 3rd Sunday of each month, 1-4 p.m. Masonic Hall, Madison.

MADISON: The Madison Historical & Genealogical Society will be open for viewing the many Madison's historical displays and usage of genealogy resources every Saturday from 10 a.m. to 2 p.m. at the Old Point Avenue School, 108 Old Point Avenue, Madison.

MAINE CALENDAR PAGE

If you are hosting a free community event and would like it added to our calendar, please email your details to: advertising@turnerpublishing.net and include: Date of event; name of event; time of event; venue location; town; contact phone number. Late submissions may not be published. Emailed events are processed faster. Our Maine Events calendar page is FREE for free community events. If you are a business and/or charging admission/fee, there is a small charge for a display ad on these pages. Email: advertising@turnerpublishing.net. Call 207-225-2076 for prepayment options. Events for the Maine Events Calendar should be received three weeks before the event in order to be considered for publication. Please refer to our deadline chart at this link for specific publication deadlines: www.turnerpublishing.net/pdf/Deadlines.pdf

2X2 AD THIS SIZE

Call 225-2076 or email advertising@turnerpublishing.net for pricing on our calendar page.

1X2 AD THIS SIZE

New members and volunteers are always welcomed. Contact person Judy Mantor, president at 696-5810.

RANGELEY: The Lakeside Contemporary Art Gallery's spring/summer show, paintings by Ashton F. LeCraw, will run from May 29 - July 6th. All is welcome & artwork is available for purchase. LCAG is located at 2493 Maine Street, Rangeley & open Tues - Sat. 10 a.m. - 2 p.m. & during theatre showing. <https://rangeley-arts.org/event/lcag-artist-reception-ashton-lecraw/> or call 207-864-5000.

RUMFORD: Old School Food Pantry, 115 Maine Avenue, Wednesdays from 3 p.m. to 6 p.m., For more information or to help: (207) 364-4556 or email Shannon at rvhccglover@gmail.com

SABATTUS: Weekly Group Runs, every Wednesday, 6 p.m., Mixer's parking lot, FMI, check out the Sabattus Rec Club Running Program Facebook page, or email running@sabattusrec.com.

GARDINER: Maine-ly Harmony women's barbershop chorus rehearsals, Wednesday evenings, 6:30 to 9:00 p.m. at the Highland Avenue United Methodist Church, 31 Highland Avenue, Gardiner, women of all ages are welcome to enjoy singing with this very welcoming women's chorus.

CANCELLATIONS

None listed.
Events for the Maine News Calendar should be received two weeks before the event in order to be considered for publication. Please refer to our deadline chart at this link for specific publication deadlines: <https://www.turnerpublishing.net/pdf/Deadlines.pdf>. Email your event information to articles@turnerpublishing.net and include: Date of event; name of event; time of event; venue location; town; contact phone number. Late submissions may not be published. Emailed events are processed faster.

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Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

10	6		20
	8		18
	15	11	29
14	29	24	

11	51	3
6	8	1
4	9	10

Solution

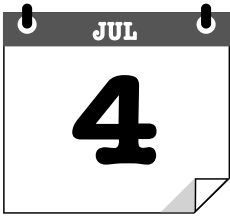
Get Scrambled

Unscramble the words to determine the phrase.

THO NDA ESTYAM

Answer: Hot and steamy

THIS DAY IN HISTORY



1634: The city of Trois-Rivières is founded in New France.

1776: The United States Declaration of Independence is adopted by the Second Continental Congress.

1939: Lou Gehrig informs the crowd at Yankee Stadium that he is retiring from baseball due to his illness.

Animal FACT:

These animals perspire (give out sweat) through their paws to cool down when it is hot.

Answer: Dogs

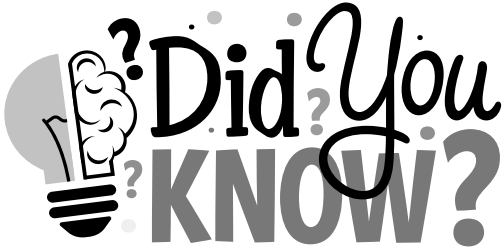
NEW WORD

HUMIDITY

the amount of water vapor in the atmosphere

“How they say that in...”

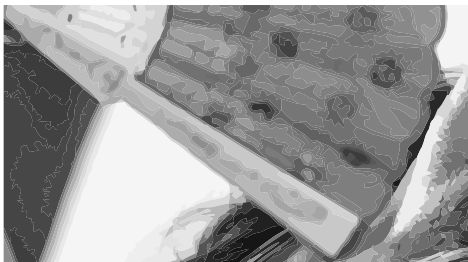
English: Hot
Spanish: Caliente
Italian: Caldo
French: Chaud
German: Heiß



The hottest time of the year in the Northern Hemisphere occurs between July 3 and August 11. This period aligns with the rising of Sirius, the “Dog Star.”



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Paper fan

Crossword

1	2	3	4		5	6	7		8	9	10
11				12		13			14		
15						16			17		
	18				19	20			21		
					22	23			24		
25	26	27	28	29							
30							31				
32								33	34	35	36
					38	39	40		41	42	
					43			44			
	45	46	47								
48					49			50	51	52	53
55					56			57			58
59					60			61			
62					63				64		

CLUES ACROSS

1. Egyptian bull god
5. Romanian monetary unit
8. Santa’s helper
11. Fictional Pink Floyd corporal
13. Sea eagle genus
14. Broad volcanic crater
15. Minneapolis suburb
16. Actual commercial worth (abbr.)
17. Exchange rate
18. Ethnic peoples in Guinea
20. Men’s fashion accessory
21. Craft material
22. Offerings
25. Early
30. Large room
31. Soviet Socialist Republic
32. One who hauls
33. Shorthand for accepting
38. Promotional materials
41. Loss of memory
43. One who beheads
45. Photographers
48. Small, rich sponge cake

49. White clerical vestment
50. Partner to “oohed”
55. Abba __, Israeli politician
56. Zero
57. Owl monkey genus
59. Lace bug genus
60. Mild expression of surprise
61. Storage devices
62. Keyboard key
63. Make a mistake
64. One-time Korean president

CLUES DOWN

1. Bridge building degree
2. Expression of sorrow or pity
3. Large, stocky, lizard
4. Rumanian river
5. Missive
6. Stout-bodied moths
7. Brings out
8. Bird of prey
9. King of Thebes
10. Cleaving tool
12. African antelope
14. Three are particularly famous
19. Satisfy

23. C. European river
24. Dictator
25. Portion of (abbr.)
26. The 17th letter of the Greek alphabet
27. Consume food
28. Woman (French)
29. Scrape or wear away by friction
34. Popular vegetable
35. Pacific Standard Time
36. Brazilian state capital
37. Paddle
39. Cause to become insane
40. Drier and flakier
41. Mimic
42. ESPN host Kimes
44. One who moseys
45. Secret political clique
46. Behind the stern of a ship
47. Supernatural force
48. Sanctuary in Orthodox churches
51. Swiss river
52. Grayish white
53. Engrave
54. UNC’s chief rival
58. Midway between south and southeast



Solve the code to discover words related to irrigation.
Each number corresponds to a letter.
(Hint: 12 = R)

- A.

14 7 22 11 12

Clue: H2O
- B.

10 12 9 8 20

Clue: Plants grown as food
- C.

22 1 12 4 17 11

Clue: Flourish
- D.

24 12 4 8

Clue: Slowly leak

Answers: A. water B. crops C. thrive D. drip

SUDOKU

	9					2		
		1	4		2		5	6
								1
		7			4		9	
9			5				7	3
				6				2
							3	
3						8		
	8	2	7					9

Level: Advanced

ON THE FARM

WORD SEARCH

S E V L A V M F P P K R O I N M H N U L
H A A N F O W N A K N O I T A R U T A S
R U H Y N R W K P A P O W O T W U C Y F
S E K R E L K N I R P S W Y V S O I L A
H I T S N M N L W C N D I G Y U R O N N A
C I S G A P H H P C N D C U L S V E N N M
I O D I W E R U S S E R P V I K P S B C
T N R P C F K E E N H N T P O P S K E K
A D O B I O A G R I C U L T U R E O E R
M P P I D C N P R H C O O U W M D M G M
O H U C T C R S F Y Y K L S F A P E L U
T L F D G U C O E T C D O N C O R T M Y
U K W W N C B H P R E N R V K R W S L F
A K O C I R F I A S V N E A U W N Y W M
T I L B M I C E R N M A I I T R C S O L
H E F S R H Y S F T N H T L C I V B F A
S M A O A E A B D F S E B I E I O Y H N
V W E C F I R I I S G I L R O P F N O A
G E G A C C P K F W N M D S V N I F C C
H I M U P H S U M O I S T U R E V P E N

Find the words hidden vertically, horizontally, diagonally, and backwards.

- AGRICULTURE
- AUTOMATIC
- CANAL
- CHANNELS
- CONSERVATION
- CROPS
- DISTRIBUTION
- DRIP
- EFFICIENCY
- FARMING
- FLOW
- HYDRATION
- MOISTURE
- PIPELINE
- PRESSURE
- PUMP
- RESERVOIR
- SATURATION
- SOIL
- SPRAY
- SPRINKLER
- SYSTEM
- VALVES
- WATER

HOROSCOPES

- ARIES - Mar 21/Apr 20

Aries, your bold approach is magnetic right now. If you have a big idea that you’ve been waiting to share, present it now. Everyone is ready to listen.
- TAURUS - Apr 21/May 21

Think about how you can treat someone else to something nice, whether it is a gift, time spent with you or whatever it is that they desire. Build the foundation for a stronger friendship.
- GEMINI - May 22/Jun 21

This week is all about clearing out the old to make room for the new, Gemini. Begin decluttering your physical space and then move on to clearing out your mind.
- CANCER - Jun 22/Jul 22

Cancer, your social circle is a great asset this week. Reach out to a friend you haven’t spoken to in a while. You might find the conversation sparks a great new collaborative idea.
- LEO - Jul 23/Aug 23

Leo, your hard work is finally getting the recognition it deserves. Don’t be afraid to accept any praise that comes your way. You will inspire others with your natural leadership and confidence.
- VIRGO - Aug 24/Sept 22

Virgo, whether it is picking up a new hobby or diving into a book you have been meaning to read, you are craving knowledge this week. Your mind is hungry for growth, so feed it.
- LIBRA - Sept 23/Oct 23

Right now you are able to resolve lingering tensions with ease, Libra. Lean into your diplomatic nature; you have the power to turn a complicated situation into a win-win for everyone.
- SCORPIO - Oct 24/Nov 22

The connections you nurture this week will prove incredibly lucky for you, Scorpio. You will come across as deeply authentic, which can draw people to you like a magnet.
- SAGITTARIUS - Nov 23/Dec 21

Getting details handled early on will clear the path for a much more open week as the weekend approaches, Sagittarius. Take to the task at hand now and reap the rewards later.
- CAPRICORN - Dec 22/Jan 20

Your creativity is off the charts right now, Capricorn. You might find that you are better positioned to problem-solve when you’re doing things unrelated to the task at hand.
- AQUARIUS - Jan 21/Feb 18

It is a wonderful time to redecorate the garden or spend quality time with family, Aquarius. Nurturing yourself will give you the stamina to tackle the world outside of your home.
- PISCES - Feb 19/Mar 20

Pisces, people are generally interested in what you have to say this week, so be sure to speak up. Your message may inspire others.



**Recipe
Corner**

If you have a favorite recipe you would like to share with our readers we would love to publish it for you. Please email recipe to: articles@turnerpublishing.net

Grilled kebabs made a flavorful addition to any backyard barbecue

Grilling enthusiasts are always on the lookout for something new to cook over an open flame. While traditional staples like steaks, hamburgers and hot dogs will never lose their favor among lovers of grilled food, expanding one’s grilling repertoire can open doors to new flavors and ensure meal time is always something to look forward to.

Fans of foods cooked over an open flame who want to try something new and flavorful can try this recipe for “Grilled Pork and Mango Kebabs With Chili Sauce” courtesy of Lines+Angles.

Grilled Pork and Mango Kebabs With Chili Sauce

Makes 4 Servings

For the chili sauce:

- 1/2 cups rice wine vinegar
- 1 tablespoon sesame oil
- 1 tablespoon fish sauce
- 1/2 teaspoon salt
- 1/4 teaspoon caster sugar
- 2 red chilies, sliced

For the kebabs:

- 2 tablespoons whole grain mustard
- 1 cup pineapple juice
- 1 lime, juiced
- 1 teaspoon salt
- 1/2 teaspoon ground black peppercorns
- 1 1/4 pound pork tenderloin, trimmed of silver skin and cut into chunks
- 1 large ripe mango
- Olive oil, for brushing
- 1 handful small mint leaves



1. For the chili sauce: Whisk together all the ingredients for the chili sauce in a small saucepan. Warm over a low heat, stirring until the sugar and salt have dissolved. Set aside until needed.
2. For the kebabs: Preheat a grill to a moderately hot temperature.
3. Stir together the mustard, pineapple juice, lime juice, salt, and pepper in a large mixing bowl. Add the pork, stir well to coat, and set aside until the grill is preheated.
4. In the meantime, halve and pit the mango. Cut away the skin before cutting the flesh into cubes.
5. Thread the pork onto the skewers, alternating with the mango flesh. Brush the grates of the grill with some olive oil.
6. Lay the kebabs onto the grill and leave to cook, turning occasionally, until the pork and mango are lightly charred all over, about 8 to 10 minutes.
7. Remove from the grill to a plate and let rest for 5 minutes, covered loosely with aluminium foil.
8. Scatter with mint leaves and serve with the chili sauce on the side.

Metro

STUDENT NEWS

Hallowell student earns bachelor’s degree from Cedarville University

Cedarville, OH – Katie Allen, from Hallowell, earned a Bachelor of Arts from Cedarville University.

Local residents earn degrees from Clark University

Worcester, MA – Clark University held its Commencement exercises at the DCU Center in Worcester, Mass., on Monday, May 18. The University awarded 612 Bachelor’s Degrees and 636 Graduate Degrees and conferred two honorary degrees during two ceremonies; graduates represented 49 states and 69 countries.

The following students earned degrees from Clark:

Devlin Geisler, of Farmingdale, graduated magna cum laude with a Bachelor of Arts in Sociology and Women’s and Gender Studies.

Renee Molesworth, of Farmingdale, graduated with a Bachelor of Science in Biochemistry and Molecular Biology.

Local student earns degree from Emmanuel College

Boston, MA – Emmanuel College awarded a Bachelor of Arts Art Therapy Summa Cum Laude to Lillian Meader, of Farmingdale, at the College’s 104th Commencement on May 9.

Sophia Wells of Richmond, named to Springfield College Dean’s List

Springfield, MA – Springfield College has named Sophia Wells from Richmond to the dean’s list for academic excellence for the 2026 spring semester.

Wells has a primary major in Accounting.

The criteria for selection to the Dean’s List are as follows: The student must have completed a minimum of 12 credit hours of graded coursework for the term, exclusive of “P” grades. The student must not have any incomplete or missing grades in the designated term. The student must have a minimum semester grade average of 3.500 for the term. The student must not have been barred from Dean’s List due to disciplinary action.

Julia Jamison named to The College of Charleston Spring 2026 Dean’s List

Charleston, SC - Julia Jamison, of Gardiner, was named to the College of Charleston Spring 2026 Dean’s List. Jamison is majoring in Accounting and Commercial Real Estate Finance.

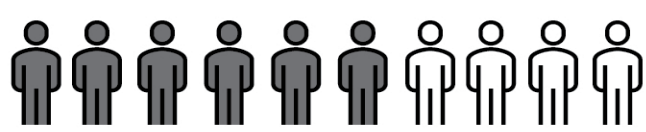
To qualify for the Dean’s List (Distinguished), students must earn a GPA of 3.500 or higher and complete a minimum of 12 semester hours.

Kaylyn Bourque, of Benton, achieves President’s List honors for Spring 2026 semester at Nichols College

Dudley, MA – Kaylyn Bourque, of Benton, has achieved President’s List honors for the spring 2026 semester at Nichols College.

President’s List recognizes those students who achieve high grades during a single semester. Students whose semester grade point average is 3.85 or higher for at least 12 undergraduate credit-hours and no grades below B- will receive President’s List honors.





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How to drive safely with a trailer in tow

Metro

Summer road trips create a sense of adventure during a popular time of year. That's especially true for those planning driving vacations. Seasoned road trippers know to expect the unexpected when taking to the open road, and the surprises that emerge during a summer road trip make such excursions even more memorable.

Many drivers will be hitching a trailer to their vehicles when taking to the open road for summer vacation. Trailers can be used to transport bicycles, boats, jet skis, kayaks, or even extra luggage. Driving with trailers can be tricky, but drivers can keep these safety strategies in mind when driving a vehicle with a trailer hitched to the back.

- Familiarize yourself with the trailer. Consumer Reports notes that travel trailers can sometimes weigh more and be even taller than the vehicle pulling them. That can make it challenging to drive safely with a trailer in tow. But practice makes perfect, and drivers are urged to practice driving with a trailer in tow before they depart for a road trip. A large and empty parking lot can be a great place to get a feel for driving with a trailer hitched to the back of your vehicle.
- Practice turns. Turning when driving a car or truck with a trailer hitched to the back requires a different approach. Wide turns are necessary to reduce the likelihood that the trailer tires hit the curb.
- Consider using towing mirrors. Towing mirrors are specially designed side-view mirrors that extend beyond standard side-view mirrors to offer drivers wider visibility, which can be necessary when wide loads are attached to the back of a vehicle. Towing mirrors can make it safer to change lanes and drive in reverse when a trailer is attached to the back of a car or truck.
- Recognize trailers swing. Consumer Reports urges drivers to give constant consideration to the swing of a trailer when turning. A trailer sometimes swings in the opposite direction when turning, which can increase the chances of hitting other vehicles, signs and even pedestrians. Carparts.com notes that the longer the distance between the rear wheels to the back bumper of the trailer, the greater the tail might swing. Managing and calculating swing is one of the reasons why practicing before taking to the open road can be so helpful.
- Adjust the trailer brakes. Consumer Reports notes that many trailers have electric brakes, and these brakes can and should be adjusted depending on what's being towed. When towing a heavy boat, the brakes should be set to use a lot of force. But brakes should be adjusted when towing lighter weight to avoid tires locking up and skidding.

- Use the tow/haul mode if your vehicle has one. Many modern vehicles, and particularly trucks, come with a tow/haul mode option. When engaged, that system automatically adjusts the transmission when it senses a vehicle is going downhill. That takes some strain off the brakes and generally makes driving with a trailer in tow a lot safer.

These tips can make driving with a trailer in tow more comfortable. Additional tips are available at consumerreports.org and carparts.com.





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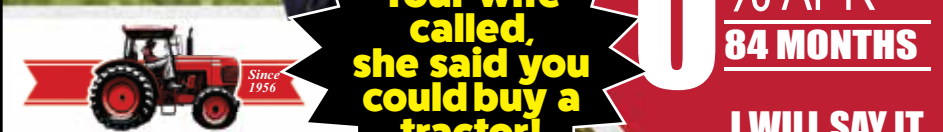
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Health & Wellness



Developing healthy eating habits for children

Good nutrition and physical activity throughout life translates into good mental and emotional health and decreases the risk of illness and disease. One in four children are overweight or obese between the ages of 2 and 5, says Paula Peters, Professor of Human Nutrition, Kansas State University. Americans have slipped into many unhealthy habits, and with the growing awareness of this, we are in the process of correcting adult and childhood obesity. Trying to correct obesity in the US is a cultural process, cultural changes happen slow and over time.

As far as prevention, there is so much we can do with children at a young age, to teach them healthy habits that will last a lifetime. If you are a parent or a grandparent or have the opportunity to mentor a child, here are some suggestions;

1. Don't use food as a reward for good behavior or performance. Instead try other rewards, such as spending time with them, going for a walk with them (if old enough to walk), playing one of their favorite games or reading a book together.

2. Avoid putting a child on a diet. That just sets them up for eating disorders and self-image challenges later in life. Instead, offer healthy food options and increase physical activity opportunities such as helping with household chores and not allowing them to sit in front of the TV or computer for lengthy periods of times.

3. Planting a garden with a child teaches them about fresh vegetables that they will be more eager to eat knowing they helped in grow them. It teaches them how to work and nurture. It also teaches them responsibility, as they must water and weed the garden in order for it to grow.

4. Only keep healthy foods in the house. Moving away from the cookies, chips, crackers, soda

Healthy Habits Today, Healthy Kids Tomorrow!

Simple Steps for a Lifetime of Wellness

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3 Planting a garden with a child teaches them about fresh vegetables that they will be more eager to eat knowing they helped in grow them. It teaches them how to work and nurture. It also teaches them responsibility as they must water and weed the garden in order for it to grow.



4 Only keep healthy foods in the house. Moving away from the cookies, chips, crackers, soda and sweetened beverages is good for the entire family.



5 Bring the kids to the grocery store and give them some ownership over their food choices. Read the labels and show them good choices.



6 Be aware of what is being offered to them while they are away from home. Look into school system programs and day care treats.



7 Cook together and eat meals together as a family. Make dinner time a regular habit and make snacking in front of the TV or throughout the day a non-issue.



8 Most importantly, mom, dad or daycare provider, you're a role model for your child and for children in general so practice what you preach when it comes to nutrition and activity.



 **Healthy Habits. Happy Kids. Strong Futures.** 

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8. Most importantly, mom, dad or daycare provider, you're a role model for your child and for children in general, so practice what you preach when it comes to nutrition and activity. Don't hang on your phones, computers or TV's, get up and move and en-

gage in activities with the kids. Make healthy food choices. Have regular balanced meals, with a protein source and lots of veggies and salad and a smaller portion of complex carbohydrates, such as rice or sweet potatoes. Desserts should be fruits and snacks should

consist of veggies, or protein sources like cheeses, grill chicken, boiled eggs, nuts and seeds and fruits.

Prevention is the plan for healthy families and a healthy future. I hope these tips have helped you and your family.

Live long, Live well.

Scam Alert Bulletin Board



Watch for Credit Card Skimming

With fuel pumps and ATM's as frequent targets, a surge of skimming devices is threatening consumers. Criminals attach sophisticated skimmers directly over legitimate card slots or splice them into internal wiring to secretly record your financial data.

Many modern skimming devices closely resemble real hardware, making them difficult to detect at first glance. Vulnerable targets include stand-alone ATM's, unattended retail checkout lines, and card terminals located in busy tourist areas.

The next time you fill your tank or use a card terminal, inspect the machine closely for loose, bent, crooked, or scratched components. Pull firmly on the card slot or wiggle the keypad before inserting your card. If anything feels loose or altered, do not use it and notify an employee immediately. To help stay safe, choose tap-to-pay options or digital wallets over physical insertion. Use credit cards for stronger fraud protections.

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Vassalboro Methodist Church receives national award

VASSALBORO - Ten years ago, eighteen members of the Vassalboro United Methodist Church (VUMC) read and discussed *Adapt to Thrive*, a book meant to help leadership “identify their own unique ministry setting and make changes to fulfill their purpose.” The group recognized that, as an aging population, they had to find ways to grow in numbers and diversity or soon be forced to close their doors like so many other UMCs already have done.

In the 1950s there were 1,200-1,500 active New England Methodist Churches and by 2015 that number had dropped to 600. The United Methodist Church Discipleship Ministries, an international organization, was providing resources to help bolster the viability of local churches and in 2015 added to their efforts by recognizing congregations that went from zero baptisms and no new members to positive numbers, by presenting them with a “One Discipleship Matters Award.”

In 2016 the VUMC book study group identified many possibilities that could help them thrive, which included reaching beyond their walls to partner with community organizations; offering new and creative programs, services and events; and find-



Submitted photo
Five of the eighteen who took part in the “Adapt to Thrive” book study in 2016 and remain active in the church. Pictured here are from front left and clockwise: Simone Antworth, Lynne Murray, John Larson, Judy Larson and Harvey Boatman. Missing from the photo are Theresa White, John McLean and Bob Murray.

ing ways to publicize. They agreed on the need to do a better job of living out their mission, “...to seek, welcome & nurture all people as a vital resource for ministry in (the) community.” VUMC’s pastor at the time was unable to support their ambitious goals, but the seed had been planted. A few from the group did move forward by beginning a “Helping Hands” ministry and by delivering communion to community members who’d become ill

or shut in. But there was still much more that could be done and the group held on to their vision in hopes new leadership would one day steer the entire congregation in a new direction. Enter Pastor Karen Merrill, a special education teacher for 27 years who’d been called to the ministry in 2014. She had served quarter-time at the Methodist churches in New Sharon and Mercer when assigned half-time to Vassalboro in 2021 and she came with

the same vision the Adapt to Thrive group had identified. Merrill formed a “leadership team” and together they made the commitment to expand VUMC’s community outreach and expand they did. Through grants and donations, they improved access into and within their building; senior luncheons were added to their monthly public suppers; a variety of events were added throughout the year; community groups and Scouts began to use the building regularly;

some members joined or volunteered with community groups as liaisons to VUMC and began to work collaboratively with them on various projects. Merrill, who has continued to serve Mercer quarter-time, was once asked by another pastor how her little churches managed to accomplish so much to which she replied, “I have a bunch of people in their 70s and 80s who work their hearts out for their churches!” These days, thanks to VUMC’s hard work inside and outside their walls, VUMC’s visibility has grown significantly, and people of all ages now attend regularly and are hands-on at events, services and programs year around. In fact, since Merrill came on board, she figures that fifty new people have begun to attend VUMC. In 2021 it was common to have no children in church on Sunday but now there are fifteen who attend regularly led by three teachers and a Youth Fellowship group formed earlier this year for tweens. At a Sunday service in May their Lay Leader, Eileen Ronco shared her delight at having so many young families in attendance now. “Change is hard,” she related “but these youngsters will keep our church going in the future, so we had better learn to change and like it.” Today there are 509 active

UMCs in New England, as reported at the New England UMC Annual Conference in Manchester, New Hampshire on June 4th on that same day this year’s “One Discipleship Matters Award” was presented to two Methodist churches in Maine, one being to Corinna and the other to Vassalboro. The Many Waters District Superintendent, Rev. Dr. Arlene Tulley presented the award explaining the VUMC had not had any confirmations since 2008 and only seven professions of faith since 2016. In 2025, VUMC confirmed seven new members and baptized five people. Pastor Merrill and Lexxi Smith, who’d just been confirmed as a new VUMC member the previous Sunday, accepted the award on VUMC’s behalf. In addition to the award, they received \$500.00 to help towards future ministry in the community. “Unfortunately, ten of the Adapt to Thrive study group from 2016 have either moved or passed away and are not here to see how far we have come,” said Harvey Boatman. “But we continue to adapt and thrive with new hands and hearts, of all ages and from many walks of life, to help VUMC serve our community.”

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MOVIE REVIEW

by Lucas Allen

MINIONS & MONSTERS

(Universal Pictures-Illumination Entertainment)

Why are they still making Minions films? The little yellow, incoherently blabbering sidekicks from “Despicable Me” and its sequels have become inescapable from cinemas, merchandise, and theme parks all across the world. This time, they’re taking over Hollywood and have roped in some big-name celebrities for the ride in their third spin-off film, “Minions & Monsters.” Pierre Coffin returns to co-direct (with Patrick Delage) and voices every single one of these little Minions with their hard-to-understand way of talking.

Set in the 1920’s, a tribe of Minions led by Dick are still searching for their next big bad boss when they reach the deserts of California and find themselves involved in a cowboy chase with a steam-engineered train. It turns out they were interrupting a movie shoot, which angers the director Max (Christoph Waltz). However, their antics impressed twin brother studio heads Frank and Elwood (both voiced by Jeff Bridges) so much that they brought them on to star in their many motion pictures. Soon enough, they become big Hollywood stars and become the toast of the town until the advent of sound reverses their fortunes, and they are kicked out of the studio.

Dick ordered his tribe to continue finding a new boss before ending up in the apartment of an alien robot named Dort (Jesse Eisenberg), who wants to invade the world, but somehow falls in love with a member of the Women’s Suffragette named Debbie (Zoey Deutch). Meanwhile, not wanting to give up on their filmmaking dreams,

James, Henry, and Ed decide to make a monster movie and use a spell book from an evil wizard to try to summon some monsters. Unfortunately, the one they summon is a little green creature named Goomi (“South Park” co-creator Trey Parker), who then takes them to an island to pick two other monsters, Phillips (Bobby Moynihan) and Howard (Phil LaMarr). Little do they know that Goomi and his pals plan to destroy the world by unleashing the ultimate man-eating monster, the multi-eyed Eyerene.

The movie works best in its first half when it pays tribute to early Hollywood history with references to the silent era and other classic films like “Casablanca” and “Citizen Kane.” Amidst the slapstick mania, the filmmakers still show affectionate love to the earliest history of filmmaking when movies are made with both careful attention and wild rebellious energy. If you remember Damien Chazelle’s “Babylon,” then you could say that movie’s high-energy, over stylized version of 1920’s Hollywood fits well tonally with an animated movie aimed squarely at kids.

But once the second half starts, the movie goes downhill right into the lower end of mediocrity. For a movie with “monsters” in the title, the movie isn’t all that invested in living up to that. The only real monster action only occurs in the finale, but you would have to go through another group of obnoxious characters to get to that point. Not to mention, the addition of the villainous Goomi isn’t all that interesting as a villain especially when you have Parker voicing him like a combination of his “South

Park” characters Cartman and Stan.

Most likely in an effort to pad out the second half to get to a quick 90-minutes, they decided to add in this unnecessary subplot of the alien robot and his romance. This kind of subplot feels like a last-minute choice, and it contrasts badly with the rest of the film. It’s even more head-scratching if this robot was supposed to be a guy in a metal suit or the real thing according to the script.

Among the celebrities featured in this film, there are a couple of highlights worth mentioning. It’s hilarious listening to Bridges’ growly voice bringing a light-hearted approach to play twin studio heads with a bit of ferocity. Waltz does a good job playing a frustrated director with a bit of heart added in, as do Moynihan and LaMarr, using their sketch comedy skills that heighten their performance, plus Eisenberg bringing some extra energy to an otherwise pointless character. There’s also an appearance by Oscar winner Allison Janney as the film’s narrator, while filmmaker George Lucas makes a cute cameo in the film’s beginning.

While there are some fun moments mainly in the first half, the rest of “Minions & Monsters” sadly falls apart right afterwards, becoming the lowest point in this franchise’s history. Even if you’re already sick of these yellow sidekicks everywhere, this movie is certainly not going to help in its case.

THE MOVIE’S RATING: PG (for violence/action, language, and rude/macabre humor)

THE CRITIC’S RATING: 2.25 Stars (Out of Four)

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MAINE OUTDOORS

DIRECTIVE TO OPEN FEDERAL LANDS TO HUNTING AND FISHING

V. Paul Reynolds

The Federal Department of the Interior, which oversees all federally managed public lands, is about to allow hunting on 92 million acres of the National Wildlife Refuge System for the first time. The proposal, which flows from a directive from the Trump administration, is pending a period of public comment online until June 26. This proposal represents the largest sport fishing and hunting expansion program in the history of the National Wildlife Refuge System.

According to the Bangor Daily News, the only federal properties in Maine affected by this proposal are lands that are part of the Craig Brook National Fish Hatchery in Orland and the Green Lake National Fish Hatchery in Ellsworth. All told, between the two hatcheries, about 150 acres will be newly opened to hunting and fishing.

This proposal also lifts hunting restrictions on National Park Service properties where hunting is legal.

Here are some key points in the proposal:

- More than 1,450 new or expanded hunting and fishing opportunities would be created across 111 federal facilities in 32 states.
- The proposal covers 107 National Wildlife Refuges and 4 National Fish Hatcheries.
- If finalized, over 92 million acres—more than 95% of all National Wildlife Refuge System lands—would be open to hunting.
- Fourteen refuges and three hatcheries would offer hunting or fishing opportunities for the first time.

The broader policy change is perhaps even more significant. The proposal from Department of the Interior Secretary Doug Burgum directs Interior agencies to treat hunting and fishing as the default use of federal lands and waters



Submitted photo

under Interior management unless there is a specific legal, safety, or conservation reason to restrict them. Previously, many areas were effectively considered closed unless specifically opened.

Supporters—including many hunting and fishing organizations—argue that:

- Hunters and anglers fund conservation through licenses and excise taxes.
- More access will help recruit new sportsmen and women.
- Rural communities could benefit economically.

Critics worry that:

- Some refuges were created primarily as wildlife sanctuaries.
- Increased access could disturb sensitive habitats or spe-

cies if not carefully managed.

- Local refuge managers may lose flexibility.

Surprisingly, none of Maine’s national wildlife refuges appear to be among the 14 refuges being opened to hunting for the first time. Most of the attention is focused on refuges in other states.

Maine’s federal refuges include:

- Moosehorn National Wildlife Refuge
- Aroostook National Wildlife Refuge
- Sunkhaze Meadows National Wildlife Refuge
- Maine Coastal Islands National Wildlife Refuge
- Rachel Carson National Wildlife Refuge
- Petit Manan National Wildlife Refuge

Several of these already allow limited hunting opportunities, particularly Moosehorn and Aroostook, so the new Interior policy may not produce dramatic changes in Maine compared with states that have large amounts of federal refuge land currently closed to hunting.

What may matter more in the long run is Secretary Burgum’s new “open unless closed” philosophy. Under that approach, refuge managers would generally be expected to allow hunting and fishing unless there’s a conservation, safety, or legal reason to restrict it. Supporters believe that could gradually expand access over time, including in Maine.

The author is editor of the Northwoods Sporting Journal. He is also a Maine Guide, co-host of a weekly radio program, “Maine Outdoors,” heard Sundays at 7 p.m. on The Voice of Maine News-Talk Network.



THE HEALTHY GEEZER

VITAMIN D

Fred Cicetti

Q. I’m 68 years old and I want to know how much Vitamin D you need to be healthy.

The Office of Dietary Supplements in the National Institutes of Health recommends the following daily dietary allowances: 400 IU for children under one year; 600 IU for everyone 1–70 years old, and 800 IU for everyone more than 70 years old.

The recommended upper limit for vitamin D is 2,000 IU a day. Vitamin D can be toxic when taken in higher doses. Vitamin D is included in most multivitamins, usually in strengths from 50 IU to 1,000 IU. Vitamin D toxicity is rare. There is a greater risk of poisoning if you have liver or kidney conditions, or if you take some diuretics.

There are different forms of Vitamin D. The major forms—the ones important to humans—are vitamin D2 and vitamin D3.

Vitamin D2 is synthesized by plants. We get vitamin D in our diet. Very few foods in nature contain vitamin D. It is found in eggs, dairy products, fish, oysters and cod liver oil. Foods, such as milk, may be fortified with vitamin D2 or D3. Fortified foods provide most of the vitamin D in the American diet.

Vitamin D3 is synthesized in human skin when it is exposed to sunlight. About 10 minutes of daily exposure to the sun is considered enough to prevent deficiencies.

Vitamin D’s primary job is to maintain normal amounts of calcium and phosphorus in your blood. Vitamin D helps keep your bones strong. Research suggests that vitamin D may protect us not only from osteoporosis (loss of bone density) but also from high blood pressure, cancer, heart disease, diabetes, multiple sclerosis and psoriasis.

Populations at a high risk for vitamin D deficiencies include the elderly, obese individuals and people with lim-

ited sun exposure. Osteomalacia—also known as adult rickets—is found in older patients deficient in vitamin D. Osteomalacia causes bone and muscle weakness.

People older than 50 are at increased risk of developing vitamin D insufficiency. As people age, skin cannot synthesize vitamin D efficiently, and the kidneys are less able to convert vitamin D to its active hormone form.

Recent studies indicate that vitamin D reduces the risk of falling, which is especially dangerous for seniors. However, to obtain the benefits of the vitamin, you must take 700 to 1000 IU a day. These studies buttress other research that has shown that vitamin D improves strength, balance and bone health in the elderly.

Each year, one third of people 65 and older, and one half of people 50 and older fall at least once. Almost one-tenth of these falls puts their victims in an emergency room. Many seniors who fall end up in nursing homes.

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We were told 100% of the chips used for the newsprint come from

waste streams of other processes, such as the waste from lumber mills. Our newsprint producers also have a process to ensure that all fiber supplies come from forests that are managed for sustainability and comply with forest management principles.

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For this reason, we ask you to support Turner Publishing and the businesses in this publication and shop locally. Turner Publishing is not only doing its part to be environmentally responsible to save our planet, Turner Publishing promotes all the good things happening in the community and we donate over \$300,000 annually in media sponsorships to non-profits, churches, historical museums, and the arts. The businesses in our publications help us do this with their ad revenue (support them as well), so that the good can keep spreading. “It’s All Good News” and thank you for reading!

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The Kennebec Historical Society August 2026 Program

“Like Father, Like Sons – The Burbank Family in the Revolutionary War”

AUGUSTA - Throughout history, people have often been caught up in the momentous events of their era, and so it was for members of the Burbank family of Scarborough in what was then the Province of Maine. Upon hearing of the outbreak of fighting between colonists and British regulars at Lexington and Concord in 1775, Silas Burbank immediately joined a militia group heading for Boston. In something unheard of in later wars, he was joined by his two young sons, thirteen-year-old David as a drummer and eleven-



year-old Eleazer as a fifer. These family members remained in George Washington’s army for five years. This illustrated

program tells the amazing story of the Burbank’s service in the American Revolution, beginning with the siege of Boston and continuing to the battle of Saratoga, the winter spent at Valley Forge, and much more. We learn of Eleazer’s being captured by the British and his father dining with General Washington. Silas also played a role in the traitor Benedict Arnold’s defection. Stunning 18th-century Revolutionary War art is included. KHS presenter, Linda Snow McLoon, is a published author who has deep roots in Scarborough but



grew up in Maine’s Belgrade Lakes Region. She served as Executive Direc-

tor of the Portland Harbor Museum and has served on the boards of the Belgrade Historical Society and the Scarborough Historical Society. She currently volunteers at the Maine Historical Society and the South Portland Historical Society, and as a local history historian, she presents illustrated lectures on topics of Maine history. The presentation, free to the public (donations are gladly accepted), is scheduled to begin at 6:30 p.m. Wednesday, August 19, at Augusta City Center, located at 16 Cony Street in Augusta. For more information, call Scott Wood, KHS executive director, at 622-7718.

Dear Friends of the Ray Haskell Golf Invitational

For many years, the Ray Haskell Golf Invitational brought together golfers, sponsors, and community supporters to make a lasting difference for the youth and families served by the Alfond Youth & Community Center. Since the tournament concluded in 2023, we’ve reflected on the tremendous impact it had—not only through

the funds it raised, but through the friendships, camaraderie, and amazing supporters welcomed to our mission. To everyone who played, sponsored, volunteered, or supported the tournament over the years, thank you. Your generosity helped strengthen our mission and created opportunities for thousands of young

people in our community. Today, we’re excited to invite you to be part of the next chapter. On Wednesday, August 19, we will host the inaugural Deuces Wild Golf Tournament at Waterville Country Club. While this event carries forward the same commitment to supporting our mission, our goal

is to create something wildly different from the traditional charitable golf tournament. From unique on-course challenges and exciting prize opportunities to an elevated player experience, Deuces Wild is designed to surprise golfers, create memorable moments, and give participants something they’ll look forward to year after year. We’re especially grateful to Central Maine Motors Auto Group for stepping forward as the Presenting Sponsor and helping bring this inaugural event to life. Their leadership and commitment to our community have been instrumental in launching

what we hope will become another signature AYCC tradition. **Tournament highlights include:**
1. 2-Person Scramble Format
2. Four \$10,000 Hole-in-One Opportunities
3. “Drive Fore” \$25,000 Challenge
4. Creative on-course contests and games
5. Premium player experience, prizes, breakfast, and awards
As someone who helped make the Ray Haskell Golf Invitational such a meaningful event, we hope you’ll consider join-

ing us for this inaugural tournament. Whether you return as a player, sponsor, or both, your continued support will help us build a new tradition that honors the past while looking toward the future. Registration is now open, and sponsorship opportunities are still available. We’d be honored to have you with us as we tee off this exciting new chapter. Thank you again for everything you’ve done for AYCC over the years. We look forward to seeing you on the course. Warm regards, Patrick Guerette (He/Him) Chief Operations Officer



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